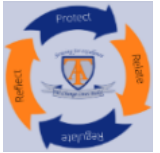




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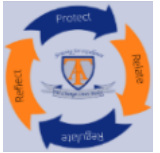


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Year 7: PE					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p><b>Topic: Health and Fitness</b></p> <p><b>Aims and Objectives:</b></p> <p>Introduction into Circuit training</p> <p>Develop understanding of HIIT training</p> <p>Participation in Aerobic exercise</p> <p>Accurately participate in fitness testing.</p> <p>Describe short term responses of the body to exercise.</p> <p>Describe long term effects of exercise on the body</p>	<p><b>Topic: TGFU</b></p> <p><b>Aims and Objectives:</b></p> <p>Understand key tactics when attacking in 1vs 1 situations</p> <p>Develop understanding when defending zonally</p> <p>Apply understanding of attacking formations</p> <p>Develop skills when transitioning from attack to defence</p> <p><b>Topic: Handball</b></p> <p><b>Aims and Objectives</b></p> <p>Perform basic dribbling techniques.</p> <p>To use multiple passing techniques</p>	<p><b>Topic: Badminton</b></p> <p><b>Aims and Objectives:</b></p> <p>Understanding of the rules within badminton</p> <p>Using the correct technique of forehand serve</p> <p>Can perform overhead clear correctly</p> <p>Development of net shots</p> <p>Develop of scoring and gameplay</p> <p><b>Topic: Table Tennis</b></p> <p><b>Aims and Objectives:</b></p> <p>Understanding of the rules within table tennis</p> <p>Using the correct techniques for serving</p>	<p><b>Topic: Football/Hockey</b></p> <p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p> <p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p> <p><b>Topic: Basketball/Hockey</b></p> <p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p>	<p><b>Topic: Cricket</b></p> <p><b>Aims and Objectives:</b></p> <p>Perform basic striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p> <p>Can throw accurately and catch a ball</p> <p>Develop tactics</p> <p>Deepened understanding of game rules</p> <p><b>Topic: Rounder's</b></p> <p><b>Aims and Objectives:</b></p> <p>Perform basic striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p>	<p><b>Topic: Athletics</b></p> <p><b>Aims and Objectives:</b></p> <p>Can Demonstrate an efficient running technique in sprinting and longer distance</p> <p>Can develop correct handover technique of the baton</p> <p>Can perform a standing broad jump and simple triple jump technique using a short run up</p> <p><b>Display proper sprinting mechanics</b></p> <p><b>Topic: Dodgeball</b></p> <p><b>Aims and Objectives:</b></p> <p>Can demonstrate effective throwing techniques</p>



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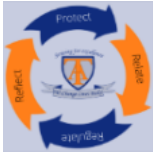


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<p>Actively set goals and strategies through SMART targets to improve fitness</p> <p><b>Topic: Football</b></p> <p><b>Aims and Objectives:</b></p> <p>Perform basic dribbling and turning techniques</p> <p>Develop different passing techniques</p> <p>Use correct defensive strategies and technique To use correct shooting techniques.</p> <p>Analyse different attacking and outwitting</p>	<p>Use correct defensive strategies and technique</p> <p>Accurately use shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within Handball</p>	<p>Can perform backhand push and forehand push correctly</p> <p>Development of backhand drive and forehand drive</p> <p>Develop of scoring and gameplay</p>	<p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p>	<p>Can throw accurately and catch a ball</p> <p>Develop tactics</p> <p>Deepened understanding of game rules</p>	<p>Can develop correct catching techniques</p> <p>Can develop effective tactics and strategies</p> <p>Analyse own performance and act upon this</p> <p>Understand correct rules</p>
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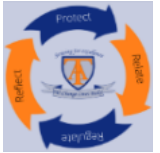
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<p>opponents strategies</p> <p>Understand the rules within football</p>					
<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Health and fitness work booklet</li> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>
<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different techniques during the</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> </ul>





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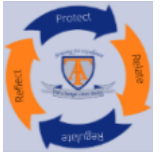


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Discuss science concepts and findings	Discuss science concepts and findings	Discuss science concepts and findings	Discuss science concepts and findings	Discuss science concepts and findings	Discuss science concepts and findings
<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson
<b>Real World Links / Careers:</b>  British Values (Responsibility – to take accountability for own actions and accept consequences)  SMSC (Moral –Recognise right and wrong)  Look at different pathways into PT and coaching as well as different routes into sport. Sporting examples also used <b>Careers:</b> PE Teacher Personal trainer	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used <b>Careers:</b> PE Teacher Personal trainer	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used <b>Careers:</b> PE Teacher	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used <b>Careers:</b> PE Teacher	<b>Real World / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used <b>Careers:</b> PE Teacher	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used



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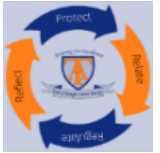
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Football coach Sports Coach Sports analyst Physiotherapist	Football coach Sports Coach Sports analyst Physiotherapist	Personal trainer Sports Coach Sports analyst	Personal trainer Sports Coach Sports analyst	Personal trainer Sports Coach Sports analyst	<b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst
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<b>SUBJECT Year 8:</b>					
<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Topic: Health and Fitness</b>  <b>Aims and Objectives:</b>  Developed a deeper understanding into Circuit training  Have a deeper understanding of HIIT training  Participation in Aerobic exercise	<b>Topic: TGFU</b>  <b>Aims and Objectives:</b>  Understand key tactics when attacking In situations  Develop understanding when defending zonally and person to person marking  Apply understanding of attacking formations  Develop skills when transitioning from attack to defence	<b>Topic: Badminton</b>  <b>Aims and Objectives:</b>  Understanding of the rules within badminton  Using the correct technique of forehand serve  Can perform overhead clear correctly  Development of net shots  Develop of scoring and gameplay  <b>Topic: Table Tennis</b>	<b>Topic: Football/Hockey</b>  <b>Aims and Objectives:</b>  Demonstrate passing skills  Enhance Ball Control  Understand defensive strategies  Improve shooting and scoring  Develop teamwork and communication  <b>Topic: Basketball/Hockey</b>	<b>Topic: Cricket</b>  <b>Aims and Objectives:</b>  Refine striking technique  Enhance hitting, fielding and bowling techniques Can throw accurately and catch a ball  Develop tactics  Deepened understanding of game rules  <b>Topic: Rounder's</b>	<b>Topic: Athletics</b>  <b>Aims and Objectives:</b>  Can Demonstrate an efficient running technique in sprinting and longer distance  Can develop correct handover technique of the baton  Can perform a standing broad jump and simple triple jump technique using a short run up



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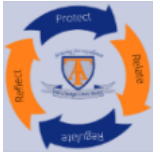


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<p>Accurately participate in fitness testing.</p> <p>Describe short term responses of the body to exercise.</p> <p>Describe long term effects of exercise on the body</p> <p>Actively set goals and strategies through SMART targets to improve fitness</p> <p><b>Topic: Football</b></p> <p><b>Aims and Objectives:</b></p> <p>Perform dribbling and turning techniques</p> <p>Develop</p>	<p><b>Topic: Handball</b></p> <p><b>Aims and Objectives</b></p> <p>Perform dribbling techniques.</p> <p>To use multiple passing techniques</p> <p>Use correct defensive strategies and technique</p> <p>Accurately use shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within Handball</p>	<p><b>Aims and Objectives:</b></p> <p>Understanding of the rules within table tennis</p> <p>Using the correct techniques for serving</p> <p>Can perform backhand push and forehand push correctly</p> <p>Development of backhand drive and forehand drive</p> <p>Develop of scoring and gameplay</p>	<p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p> <p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p>	<p><b>Aims and Objectives:</b></p> <p>Refine striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p> <p>Can throw accurately and catch a ball</p> <p>Develop tactics</p> <p>Deepened understanding of game rules</p>	<p>Display proper sprinting mechanics</p> <p><b>Topic: Dodgeball</b></p> <p><b>Aims and Objectives:</b></p> <p>Can demonstrate effective throwing techniques</p> <p>Can develop correct catching techniques</p> <p>Can develop effective tactics and strategies</p> <p>Analyse own performance and act upon this</p> <p>Understand correct rules</p>
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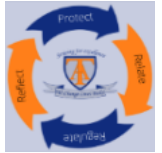


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<p>different passing techniques</p> <p>Use correct defensive strategies and technique</p> <p>To use correct differentiated shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within football</p>					
<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Health and fitness work booklet</li> <li>- Exploring different objectives through the</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>



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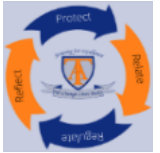


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use of the big picture and digital technology.	- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.	- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.	- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.	- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.	- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.
<b>Reading:</b> - Reading different big pictures and content of the lesson - Reading different techniques during the use of the health and fitness booklet	<b>Reading:</b> - Reading different big pictures and content of the lesson - Reading different skills and the use of different tactics and how to apply these	<b>Reading:</b> - Reading different big pictures and content of the lesson - Reading different skills and the use of different tactics and how to apply these	<b>Reading:</b> - Reading different big pictures and content of the lesson - Reading different skills and the use of different tactics and how to apply these	<b>Reading:</b> - Reading different big pictures and content of the lesson - Reading different skills and the use of different tactics and how to apply these	<b>Reading:</b> - Reading different big pictures and content of the lesson - Reading different skills and the use of different tactics and how to apply these
<b>Maths/Numeracy:</b> - Calculating max heart rate etc. - Calculating the amount of reps and sets	<b>Maths/Numeracy:</b> - Keeping score during matches Calculating different formation changes	<b>Maths/Numeracy:</b> - Keeping score during matches Calculations during different games	<b>Maths/Numeracy:</b> - Keeping score during matches Calculations during different games	<b>Maths/Numeracy:</b> - Keeping score during matches Calculations during different games	<b>Maths/Numeracy:</b> - Keeping score during matches Calculations during different games
<b>Literacy:</b> Pass Attack	<b>Literacy:</b> Pass Attack	<b>Literacy:</b> Technique	<b>Literacy:</b> Attack	<b>Literacy:</b> Bowl	<b>Literacy:</b> Jump



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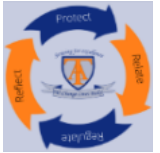


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Defend Tactics Technique Different lifts Shoot Zonal Person to Person marking Reps Sets Heart rate	Defend Tactics Overload Press Person to person marking Space Bounce pass Chest pass Shoulder pass Wing	Spin Hand eye Co-ordination Drop shot Overhead Clear Serve Odd Even Court Tactic Strategies	Strategies Dribble Double dribble Pass Shoot Teamwork Defend Overload Formations Position	Bat Strategies Tactics Stumps Bases Rounder Wickets	<b>Throw</b> <b>Axis</b> <b>Power</b> <b>Strength</b> <b>Speed</b> <b>Muscles</b> <b>Throw</b> <b>Accuracy</b>
<b>Speech Lang Com / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings
<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson
<b>Real World Links / Careers:</b>	<b>Real World Links / Careers:</b>	<b>Real World Links / Careers:</b>	<b>Real World Links / Careers:</b>	<b>Real World / Careers:</b>	<b>Real World Links / Careers:</b>



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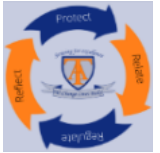
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British Values (Responsibility – to take accountability for own actions and accept consequences)	British Values (Mutual Respect – Listening and accepting other people’s views).	British Values (Mutual Respect – Listening and accepting other people’s views).	British Values (Mutual Respect – Listening and accepting other people’s views).	British Values (Mutual Respect – Listening and accepting other people’s views).	British Values (Mutual Respect – Listening and accepting other people’s views).
SMSC (Moral –Recognise right and wrong)	SMSC (Moral – Investigate moral and ethical issues).	SMSC (Moral – Investigate moral and ethical issues).	SMSC (Moral – Investigate moral and ethical issues).	SMSC (Moral – Investigate moral and ethical issues).	SMSC (Moral – Investigate moral and ethical issues).
Look at different pathways into PT and coaching as well as different routes into sport. Sporting examples also used	Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used	Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used	Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used	Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used	Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used
<b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist	<b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist	<b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst	<b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst	<b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst	<b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst

<b>SUBJECT Year 9:</b>					
<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
Topic: Health and Fitness	Topic: TGFU	Topic: Badminton	Topic: Football/Hockey	Topic: Cricket	Topic: Athletics



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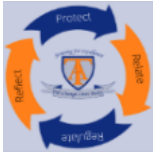


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<p><b>Aims and Objectives:</b></p> <p>Analysis of Circuit training</p> <p>Creation of HIIT of HIIT training</p> <p>Participation in Aerobic exercise</p> <p>Accurately participate in fitness testing. And analyse the effects of this</p> <p>Describe short term responses of the body to exercise.</p> <p>Describe long term effects of exercise on the body</p>	<p><b>Aims and Objectives:</b></p> <p>Understand key tactics when attacking in 1vs 1 situations</p> <p>Develop a deepened understanding when defending zonally</p> <p>Apply understanding of attacking formations</p> <p>Develop skills when transitioning from attack to defence</p> <p><b>Topic: Handball</b></p> <p><b>Aims and Objectives</b></p> <p>Perform dribbling techniques.</p> <p>To use multiple passing techniques</p> <p>Use correct defensive strategies and technique</p>	<p><b>Aims and Objectives:</b></p> <p>Self-application of the rules within badminton</p> <p>Using the correct technique of forehand serve and backhand</p> <p>Can perform overhead clear correctly and accurately</p> <p>Development of net shots</p> <p>Develop of scoring and gameplay</p> <p><b>Topic: Table Tennis</b></p> <p><b>Aims and Objectives:</b></p> <p>Understanding of the rules within table tennis</p> <p>Using the correct techniques for serving</p> <p>Can perform backhand push and forehand push correctly</p>	<p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p> <p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p> <p>Analyse performance of your own skills</p> <p><b>Topic: Basketball/Hockey</b></p> <p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p>	<p><b>Aims and Objectives:</b></p> <p>Refine striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p> <p>Can throw accurately and catch a ball</p> <p>Develop tactics when batting and bowling</p> <p>Deepened understanding of game rules and applications of this</p> <p>Analyse performance</p> <p><b>Topic: Rounder's</b></p> <p><b>Aims and Objectives:</b></p> <p>Refine striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p> <p>Can throw accurately and catch a ball</p>	<p><b>Aims and Objectives:</b></p> <p>Can Demonstrate an efficient running technique in sprinting and longer distance</p> <p>Can develop correct handover technique of the baton</p> <p>Can perform a standing broad jump and simple triple jump technique using a short run up</p> <p>Display proper sprinting mechanics</p> <p>Can correctly see and self-analyse own weakness and act upon this</p> <p><b>Topic: Dodgeball</b></p> <p><b>Aims and Objectives:</b></p> <p>Can demonstrate effective throwing techniques</p>
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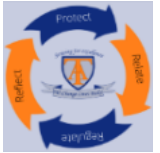


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<p>Actively set goals and strategies through SMART targets to improve fitness</p> <p><b>Topic: Football</b></p> <p><b>Aims and Objectives:</b></p> <p>Perform dribbling and turning techniques</p> <p>Develop different passing techniques</p> <p>Use correct defensive strategies and technique To use correct shooting techniques.</p>	<p>Accurately use shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within Handball</p>	<p>Development of backhand drive and forehand drive</p> <p>Develop of scoring and gameplay</p>	<p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p> <p>Analyse performance of your own skills</p>	<p>Develop tactics when batting and bowling</p> <p>Deepened understanding of game rules</p> <p>Analyse performance</p>	<p>Can develop correct catching techniques</p> <p>Can develop effective tactics and strategies</p> <p>Analyse own performance and act upon this</p> <p>Understand correct rules</p>
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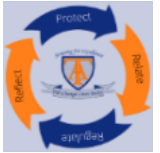


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<p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within football</p>					
<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Health and fitness work booklet</li> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>



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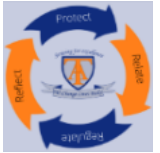


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<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different techniques during the use of the health and fitness booklet</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>
<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Calculating max heart rate etc.</li> <li>- Calculating the amount of reps and sets</li> </ul>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculating different formation changes</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>
<p><b>Literacy:</b></p> <p>Pass Attack Defend Tactics Technique Different lifts Shoot Zonal Person to Person marking Reps Sets</p>	<p><b>Literacy:</b></p> <p>Pass Attack Defend Tactics Overload Press Person to person marking Space Bounce pass Chest pass Shoulder pass</p>	<p><b>Literacy:</b></p> <p>Technique Spin Hand eye Co-ordination Drop shot Overhead Clear Serve Odd Even Court Tactic</p>	<p><b>Literacy:</b></p> <p>Attack Strategies Dribble Double dribble Pass Shoot Teamwork Defend Overload Formations</p>	<p><b>Literacy:</b></p> <p>Bowl Bat Strategies Tactics Stumps Bases Rounder Wickets</p>	<p><b>Literacy:</b></p> <p><b>Jump</b> <b>Throw</b> <b>Axis</b> <b>Power</b> <b>Strength</b> <b>Speed</b> <b>Muscles</b> <b>Throw</b> <b>Accuracy</b></p>



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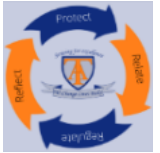


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Heart rate	Wing	Strategies	Position		
<b>Speech Lang Com / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings
<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson
<b>Real World Links / Careers:</b>  British Values (Responsibility – to take accountability for own actions and accept consequences)  SMSC (Moral –Recognise right and wrong)	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes	<b>Real World / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).  Look at different routes into coaching as well as routes



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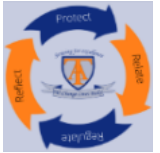
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<p>Look at different pathways into PT and coaching as well as different routes into sport. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist</p>	<p>into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist</p>	<p>into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p>into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p>into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p>into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>
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<b>SUBJECT Year 10:</b>					
<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<p><b>Topic: Health and Fitness</b></p> <p><b>Aims and Objectives:</b></p> <p>Analysis of Circuit training</p> <p>Have a greater</p>	<p><b>Topic: TGFU</b></p> <p><b>Aims and Objectives:</b></p> <p>Have a deepened understanding of key tactics when attacking in 1vs 1 situations</p>	<p><b>Topic: Badminton</b></p> <p><b>Aims and Objectives:</b></p> <p>Self-application of the rules within badminton</p> <p>Develop the correct technique of forehand serve and backhand</p>	<p><b>Topic: Football/Hockey</b></p> <p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p>	<p><b>Topic: Cricket</b></p> <p><b>Aims and Objectives:</b></p> <p>Refine striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p>	<p><b>Topic: Athletics</b></p> <p><b>Aims and Objectives:</b></p> <p>Can Demonstrate an efficient running technique in sprinting and longer distance</p>



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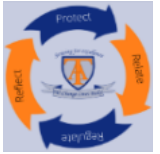


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<p>understanding of HIIT of HIIT training</p> <p>Participation in Aerobic exercise</p> <p>Accurately participate in fitness testing. And analyse the effects of this. And analyse results</p> <p>Describe short term responses of the body to exercise.</p> <p>Describe long term effects of exercise on the body</p> <p>Actively set goals and strategies through SMART targets to improve fitness. And apply these</p> <p><b>Topic: Football</b></p>	<p>Develop a deepened understanding when defending zonally</p> <p>Apply a deepened understanding of attacking formations</p> <p>Analyse skills when transitioning from attack to defence</p> <p><b>Topic: Handball</b></p> <p><b>Aims and Objectives</b></p> <p>Perform dribbling techniques.</p> <p>To use multiple passing techniques</p> <p>Use correct defensive strategies and technique</p> <p>Accurately use shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p>	<p>Develop technique when performing overhead clear correctly and accurately</p> <p>Development of net shots</p> <p>Develop scoring and gameplay</p> <p><b>Topic: Table Tennis</b></p> <p><b>Aims and Objectives:</b></p> <p>Understanding of the rules within table tennis</p> <p>Develop techniques for serving</p> <p>Develop backhand push and forehand push correctly</p> <p>Development of backhand drive and forehand drive</p> <p>Develop of scoring and gameplay. And analyse performance</p>	<p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p> <p>Analyse performance of your own skills</p> <p><b>Topic: Basketball/Hockey</b></p> <p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p> <p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p> <p>Analyse performance of your own skills</p>	<p>Can throw accurately and catch a ball in competitive scenarios</p> <p>Develop more complex tactics when batting and bowling</p> <p>Deepened understanding of game rules and applications of this</p> <p>Analyse performance</p> <p><b>Topic: Rounder's</b></p> <p><b>Aims and Objectives:</b></p> <p>Refine striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p> <p>Can throw accurately and catch a ball</p> <p>Develop more complex tactics when batting and bowling</p>	<p>Can develop correct handover technique of the baton</p> <p>Can accurately perform a standing broad jump and simple triple jump technique using a short run up</p> <p>Display proper sprinting mechanics</p> <p>Can correctly see and self-analyse own weakness and act upon this</p> <p><b>Topic: Dodgeball</b></p> <p><b>Aims and Objectives:</b></p> <p>Can demonstrate effective throwing techniques</p> <p>Can develop catching techniques</p> <p>Can develop effective tactics and strategies</p>
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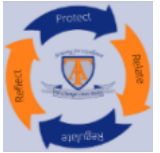
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<p><b>Aims and Objectives:</b></p> <p>Perform dribbling and turning techniques</p> <p>Develop different passing techniques</p> <p>Use correct defensive strategies and technique To use correct shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within football</p>	<p>Understand the rules within Handball</p>			<p>Deepened understanding of game rules</p> <p>Analyse performance</p>	<p>Analyse own performance and act upon this</p> <p>Understand correct rules</p>
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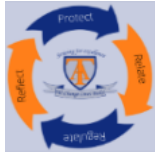


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<ul style="list-style-type: none"> <li>- Calculating max heart rate etc.</li> <li>- Calculating the amount of reps and sets</li> </ul>	<ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> Calculating different formation changes	<ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> Calculations during different games	<ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> Calculations during different games	<ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> Calculations during different games	<ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> Calculations during different games
<b>Literacy:</b> Pass Attack Defend Tactics Technique Different lifts Shoot Zonal Person to Person marking Reps Sets Heart rate	<b>Literacy:</b> Pass Attack Defend Tactics Overload Press Person to person marking Space Bounce pass Chest pass Shoulder pass Wing	<b>Literacy:</b> Technique Spin Hand eye Co-ordination Drop shot Overhead Clear Serve Odd Even Court Tactic Strategies	<b>Literacy:</b> Attack Strategies Dribble Double dribble Pass Shoot Teamwork Defend Overload Formations Position	<b>Literacy:</b> Bowl Bat Strategies Tactics Stumps Bases Rounder Wickets	<b>Literacy:</b> <b>Jump</b> <b>Throw</b> <b>Axis</b> <b>Power</b> <b>Strength</b> <b>Speed</b> <b>Muscles</b> <b>Throw</b> <b>Accuracy</b>
<b>Speech Lang Com / Oracy:</b> Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b> Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b> Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b> Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b> Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b> Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings
<b>Assessment:</b> Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based	<b>Assessment:</b> Summative assessment through the use of constant observation of practical application during lesson as well as answering of	<b>Assessment:</b> Summative assessment through the use of constant observation of practical application during lesson as well as answering of	<b>Assessment:</b> Summative assessment through the use of constant observation of practical application during lesson as well as answering of	<b>Assessment:</b> Summative assessment through the use of constant observation of practical application during lesson as well as answering of	<b>Assessment:</b> Summative assessment through the use of constant observation of practical application during lesson as well as answering of



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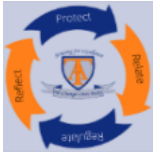


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on ability, as well as summative during end of topic assessment lesson	differentiated questions based on ability, as well as summative during end of topic assessment lesson	differentiated questions based on ability, as well as summative during end of topic assessment lesson	differentiated questions based on ability, as well as summative during end of topic assessment lesson	differentiated questions based on ability, as well as summative during end of topic assessment lesson	differentiated questions based on ability, as well as summative during end of topic assessment lesson
<p><b>Real World Links / Careers:</b></p> <p>British Values (Responsibility – to take accountability for own actions and accept consequences)</p> <p>SMSC (Moral –Recognise right and wrong)</p> <p>Look at different pathways into PT and coaching as well as different routes into sport. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist</p>	<p><b>Real World Links / Careers:</b></p> <p>British Values (Mutual Respect – Listening and accepting other people’s views).</p> <p>SMSC (Moral – Investigate moral and ethical issues).</p> <p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist</p>	<p><b>Real World Links / Careers:</b></p> <p>British Values (Mutual Respect – Listening and accepting other people’s views).</p> <p>SMSC (Moral – Investigate moral and ethical issues).</p> <p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p><b>Real World Links / Careers:</b></p> <p>British Values (Mutual Respect – Listening and accepting other people’s views).</p> <p>SMSC (Moral – Investigate moral and ethical issues).</p> <p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p><b>Real World / Careers:</b></p> <p>British Values (Mutual Respect – Listening and accepting other people’s views).</p> <p>SMSC (Moral – Investigate moral and ethical issues).</p> <p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p><b>Real World Links / Careers:</b></p> <p>British Values (Mutual Respect – Listening and accepting other people’s views).</p> <p>SMSC (Moral – Investigate moral and ethical issues).</p> <p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>



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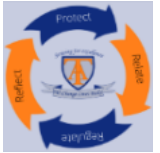


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<b>SUBJECT Year 11:</b>					
<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<p><b>Topic: Health and Fitness</b></p> <p><b>Aims and Objectives:</b></p> <p>Analysis of Circuit training</p> <p>Have a greater understanding of HIIT of HIIT training</p> <p>Participation in Aerobic exercise</p> <p>Accurately participate in fitness testing. And analyse the effects of this. And analyse results</p> <p>Describe short term responses of the body to</p>	<p><b>Topic: TGFU</b></p> <p><b>Aims and Objectives:</b></p> <p>Have a deepened understanding of key tactics when attacking in 1vs 1 situations</p> <p>Develop a deepened understanding when defending zonally</p> <p>Apply a deepened understanding of attacking formations</p> <p>Analyse skills when transitioning from attack to defence</p> <p><b>Topic: Handball</b></p> <p><b>Aims and Objectives</b></p>	<p><b>Topic: Badminton</b></p> <p><b>Aims and Objectives:</b></p> <p>Self-application of the rules within badminton</p> <p>Develop the correct technique of forehand serve and backhand</p> <p>Develop technique when performing overhead clear correctly and accurately</p> <p>Development of net shots</p> <p>Develop scoring and gameplay</p> <p><b>Topic: Table Tennis</b></p> <p><b>Aims and Objectives:</b></p> <p>Understanding of the rules within table tennis</p>	<p><b>Topic: Football/Hockey</b></p> <p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p> <p>Enhance Ball Control</p> <p>Understand defensive strategies</p> <p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p> <p>Analyse performance of your own skills</p> <p><b>Topic: Basketball/Hockey</b></p> <p><b>Aims and Objectives:</b></p> <p>Demonstrate passing skills</p>	<p><b>Topic: Cricket</b></p> <p><b>Aims and Objectives:</b></p> <p>Refine striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p> <p>Can throw accurately and catch a ball in competitive scenarios</p> <p>Develop more complex tactics when batting and bowling</p> <p>Deepened understanding of game rules and applications of this</p> <p>Analyse performance</p> <p><b>Topic: Rounder's</b></p>	<p><b>Topic: Athletics</b></p> <p><b>Aims and Objectives:</b></p> <p>Can Demonstrate an efficient running technique in sprinting and longer distance</p> <p>Can develop correct handover technique of the baton</p> <p>Can accurately perform a standing broad jump and simple triple jump technique using a short run up</p> <p>Display proper sprinting mechanics</p> <p>Can correctly see and self-analyse own weakness and act upon this</p>



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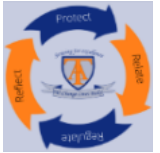


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<p>exercise.</p> <p>Describe long term effects of exercise on the body</p> <p>Actively set goals and strategies through SMART targets to improve fitness. And apply these</p> <p><b>Topic: Football</b></p> <p><b>Aims and Objectives:</b></p> <p>Perform dribbling and turning techniques</p> <p>Develop different passing techniques</p> <p>Use correct defensive strategies</p>	<p>Perform dribbling techniques.</p> <p>To use multiple passing techniques</p> <p>Use correct defensive strategies and technique</p> <p>Accurately use shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within Handball</p>	<p>Develop techniques for serving</p> <p>Develop backhand push and forehand push correctly</p> <p>Development of backhand drive and forehand drive</p> <p>Develop of scoring and gameplay. And analyse performance</p>	<p>Enhance Ball Control</p> <p>Understand defensive strategies</p> <p>Improve shooting and scoring</p> <p>Develop teamwork and communication</p> <p>Analyse performance of your own skills</p>	<p><b>Aims and Objectives:</b></p> <p>Refine striking technique</p> <p>Enhance hitting, fielding and bowling techniques</p> <p>Can throw accurately and catch a ball</p> <p>Develop more complex tactics when batting and bowling</p> <p>Deepened understanding of game rules</p> <p>Analyse performance</p>	<p><b>Topic: Dodgeball</b></p> <p><b>Aims and Objectives:</b></p> <p>Can demonstrate effective throwing techniques</p> <p>Can develop catching techniques</p> <p>Can develop effective tactics and strategies</p> <p>Analyse own performance and act upon this</p> <p>Understand correct rules</p>
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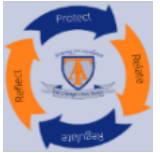


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<p>and technique To use correct shooting techniques.</p> <p>Analyse different attacking and outwitting opponents strategies</p> <p>Understand the rules within football</p>					
<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Health and fitness work booklet</li> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>	<p><b>Text:</b></p> <ul style="list-style-type: none"> <li>- Exploring different objectives through the use of the big picture and digital technology.</li> <li>- Reading opportunities during practical tasks to read of the task sheets when looking at different tactics as well as skills.</li> </ul>



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<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different techniques during the use of the health and fitness booklet</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>	<p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>- Reading different big pictures and content of the lesson</li> <li>- Reading different skills and the use of different tactics and how to apply these</li> </ul>
<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Calculating max heart rate etc.</li> <li>- Calculating the amount of reps and sets</li> </ul>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculating different formation changes</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>	<p><b>Maths/Numeracy:</b></p> <ul style="list-style-type: none"> <li>- Keeping score during matches</li> </ul> <p>Calculations during different games</p>
<p><b>Literacy:</b></p> <p>Pass Attack Defend Tactics Technique Different lifts Shoot Zonal Person to Person marking Reps</p>	<p><b>Literacy:</b></p> <p>Pass Attack Defend Tactics Overload Press Person to person marking Space Bounce pass Chest pass</p>	<p><b>Literacy:</b></p> <p>Technique Spin Hand eye Co-ordination Drop shot Overhead Clear Serve Odd Even Court</p>	<p><b>Literacy:</b></p> <p>Attack Strategies Dribble Double dribble Pass Shoot Teamwork Defend Overload</p>	<p><b>Literacy:</b></p> <p>Bowl Bat Strategies Tactics Stumps Bases Rounder Wickets</p>	<p><b>Literacy:</b></p> <p><b>Jump</b> <b>Throw</b> <b>Axis</b> <b>Power</b> <b>Strength</b> <b>Speed</b> <b>Muscles</b> <b>Throw</b> <b>Accuracy</b></p>



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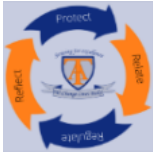


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Sets Heart rate	Shoulder pass Wing	Tactic Strategies	Formations Position		
<b>Speech Lang Com / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings	<b>SLC / Oracy:</b>  Think, Pair, Share. Reading aloud extracts / questions/ instructions. Discuss science concepts and findings
<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson	<b>Assessment:</b>  Summative assessment through the use of constant observation of practical application during lesson as well as answering of differentiated questions based on ability, as well as summative during end of topic assessment lesson
<b>Real World Links / Careers:</b>  British Values (Responsibility – to take accountability for own actions and accept consequences)  SMSC (Moral –Recognise right and wrong)	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).	<b>Real World / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).	<b>Real World Links / Careers:</b>  British Values (Mutual Respect – Listening and accepting other people’s views).  SMSC (Moral – Investigate moral and ethical issues).



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<p>Look at different pathways into PT and coaching as well as different routes into sport. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist</p>	<p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Football coach Sports Coach Sports analyst Physiotherapist</p>	<p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>	<p>Look at different routes into coaching as well as routes into sport and sports participation. Sporting examples also used</p> <p><b>Careers:</b> PE Teacher Personal trainer Sports Coach Sports analyst</p>
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