

## **Safeguarding Advice and Guidance**

If you are worried about the safety of a child that you know or are in contact with, or if you are struggling during this period and you need support please follow your local area link below to access support

If you feel a child is in immediate danger dial 999 and ask for the Police

Newcastle Children's Social Care and Early Help - 0191 277 2500

https://newcastle.gov.uk/services/care-and-support/children

North Tyneside Children's Social Care – 0345 2000 109

https://my.northtyneside.gov.uk/category/175/children-and-young-people

Sunderland Together for Children – 0191 561 7007 (Integrated Contact Referral Team)

https://www.togetherforchildren.org.uk/

Durham Children's Social Care (First Contact) 03000 267 979

http://www.durham.gov.uk/article/2361/Keeping-children-safe

Hartlepool and Stockton Children's Social Care - 01429 284 284

https://www.hartlepool.gov.uk/info/20078/children\_and\_families/120/the\_childrens\_h ub

Gateshead Children's Social Care - 0191 433 2653

https://www.gateshead.gov.uk/article/3948/Worried-about-a-child-in-Gateshead-

Northumberland Children's Social Care - 01670 622 930

https://www.northumberland.gov.uk/Children/Family.aspx

Social care for adults (post-16 learners) https://www.newcastle.gov.uk/services/care-and-support/adults/contact-care-andsupport-adults

Email: scd@newcastle.gov.uk

Opening hours: Monday to Friday, 8am to 5pm



Phone: 0191 2788377

Mobile: 0796 8474891

Childline - https://www.childline.org.uk/

Call 0800 1111

If you feel you need to discuss any worries or you are not sure what to do please contact us via the Trusts contact email address <u>admin.central@tanmat.org</u>. This will be checked on a regular basis and our Trust Safeguarding Lead will forward your query to the appropriate person.

Please note: Contact will only be made during the hours of 8.45am and 4pm